

The Menu
Week of _____

WEEKLY MEAL PLAN

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Notes:
Breakfast:								
Person #1								
Person #2								
Person #3								
Person #4								
Lunch:								
Person #1								
Person #2								
Person #3								
Person #4								
Snack:								
Person #1								
Person #2								
Person #3								
Person #4								
Dinner:								
All								